



Q, what is Zirconium?

A, Zirconium is a white metal alloy. Used to replace the back metal that has often been used in crowns. This alloy, which was used in very different fields before, is now used in tooth coating applications due to its aesthetics and durability. Due to its light transmittance, it is the alloy closest to the natural tooth structure. Compatibility rate with the tooth tissue is very high. While metal alloy coatings and filler can cause taste and changes to odours in the mouth, this type of coating does not experience this problem. Since its resistance to high pressure, it can be applied on both front and rear teeth.

Q, Will my gums react to the crowns?

A, No, your gums will show no reaction to the crowns.

Q, do crowns change your taste or give any odours in your mouth?

A, No, crowns do not cause any taste issues or odours. Attention must be paid to oral hygiene.

Q, Do I need to maintain in any special way?

A, not really, your general cleaning is enough. 3 times daily and mouthwash is good enough. If you have any redness around crown, then extra brushing of this area and medicated mouthwash will reduce this.

Q, how are Crowns fitted?

A, A special cement is used which is designed for this purpose

Q, Can the cement come loose?

A, like anything things can change in the mouth which can have an effect on the cement coming loose or the crown falling off, if this does then you would need to revisit the clinic or visit a local clinic.

Q, are crowns safe?

A, Perfectly safe

Q, I have a metal allergy can I have crowns?

A, Zirconium or any crowns we use does not contain any Nickel

Q, Should I wear a night guard after treatment

A, Yes it is advised however it's your choice, its likely that you will experience some grinding until you are used to the new crowns and this could chip the crown, chips are NOT covered under any guarantee. A night guard will help protect them and will cost £65.

Q, Are Crowns stain resistant

A, Yes, they are, if you drink a lot of dark drinks and eat a lot of food then they can dull so brushing after every coffee or wine is a good routine to get into. Or quite simply if you don't look after them then they will discolour very quickly.

Q, are my teeth damaged again if replaced?

A, your teeth will need to be prepared again but the dentist will only remove what is required to fit a new crown

Q, after crowns can I return to my normal teeth if I want?

A, No.

Q, how are Zirconium crowns applied?

A, they are applied by preparing your natural teeth by removing approx. 50% and then a special cement is used to apply the new crown.

Q, Is there an age limit for Zirconium crowns?

A, No, it can be applied to anyone, maybe some people may require dental implants and the crown attached this way.

Q, is fracture or chipping common?

A, almost as identical to the probability of a healthy tooth breaking or falling out, Grinding the teeth or biting too hard is the only way you can chip Zirconium crowns, having said that, they can and will break if a lot of force is put onto them.

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With your natural teeth you know what pressure you should apply as you can feel. With crowns, the feel will reduce for some time so the probability of cracking or chipping will be on the first 12 months as you may bite hard without knowing or grind your teeth. Pay extra extra attention to biting and chewing and if you are not sure then do not bite or chew the food, choose softer foods. We do not fix free of charge chipped or cracked crowns.

Q, can the new crowns fall off?

A, Unlikely, but yes it can happen. The mouth is a living and moving part of the body. Many things can have an effect, your teeth can move, your gums can swell, all this can have a negative effect on the new crowns. Whilst crowns falling off is rare, it's not unheard of and can happen in 1 in 100 cases. If this happens, we suggest you keep the crowns safe so they do not break and return to us where we can recement back on and do a full health check-up.

Q, what are the disadvantages of Zirconium crowns?

A, None

Q, Can Zirconium crowns be applied if I have gum disease?

A, Yes, but we recommend gum cleaning and treatment of the gums to prolong the life of the crowns

Q, If I have a gap can I have a crown?

A, No, if you have a gap you may require a Dental implant, if the gap is small and you have good bone, we may be able to bridge. An implant is always the best solution

Q, Can I have Crowns or Veneers if I have Botox or want Botox or fillers in my cheeks or Jaw?

A, yes you can, however, any fillers or Botox will tighten the muscles up and result in them moving, this ultimately will result in your jaw slightly moving and the bite will be changed. Cosmetic Dental Antalya will not cover any repairs or change in your bite due to Botox or fillers either being done or having worn off. Our advice is NOT to have Botox/fillers in the cheek/jaw area prior to any dental treatment or after any Dental treatment as it will affect your bite.

Q, I have black fillings will you change these at the same time?

A, Yes, we can do this but, in some cases, fillings may need Root treatment, and this is not included in the price quoted. The price is £75 per root treatment on any teeth that are not being prepared for a crown. Each filling is £45

Q, how long do crowns last?

A, Zirconium approx. 15/20 years. Porcelain metal based approx. 10/15 years and Emax approx. 15/20 years. But remember these are all approx. as we cannot guarantee that your oral hygiene is as it should be or that you don't develop some issue that causes natural tooth deterioration or gum disease.

Q, Are my crowns single?

A, NO, in most cases we will group in 2, 3,4,6. The reason we do this is because single crowns will last approx. 8 years. If you have soft bone then there is more chance the teeth moving, this is called pathological migration. If this happens, we will not cover under any guarantee as we aren't responsible for your natural body. If there are grouped, then the chance of movement is lessened. The quality of the crown is the same, but the strength of the crown is doubled. If you would prefer single crowns we can do this but there is an additional charge of £10 per crown.

Q, when should I replace my crowns?

A, it depends on Gingival Harmony, if it is impaired and your gums recede then you may opt to change sooner. Many other factors can also dictate when the crowns need to be replaced but this only you will know.

Q, how long does a dental bridge last?

A, Approx. 10 years, a cantilever bridge will last approx. 5 years. Remember though. A bridge is essentially suspended on your gum and if you apply too much pressure it could break. This doesn't happen often as it would require a lot of pressure, but it is possible. We do not cover broken bridges as part of the guarantee.

Q, Are single crowns better or Bridges?

A, Single crowns are not the best option, the lifespan is reduced by around 5 years and they can ping off and move. Bridges are much stronger and will last longer. A bridge essentially is two or more crowns fixed together; this does not impair the visual aesthetic of the crowns.

Q. Are crowns applied single or in bridges?

A. We do not apply single crowns unless its only 1 tooth being changed, the reason for this is due to Pathological Migration of the natural teeth. Your teeth can move and if then move when you have perfect crowns it will be noticed even if they move only slightly. If you want single crowns, we can do this, but we will not be responsible for Pathological Migration

Q, what is pathological Migration?

A, this is where your natural teeth mover over time, soft bone will result in them moving, a missing tooth can result in them moving, this is called pathological migration. Its natural and cannot be stopped. If a bridge is applied this can prevent this as the bridge acts as a retainer.

Q, Will crowns affect my speech?

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A, yes in most cases they will, but it's not permanent and once your brain adjusts to the new teeth your speech will return and correct itself, it can take a few weeks though so don't be worried.

Q, Can I eat normally after crowns?

A, in most cases yes, BUT.... Crowns are not your natural teeth and although they are very strong, they can chip and break. Biting an apple for instance could chip the crown, eating ribs could chip the crown, eating Nuts can chip the crown. We would say be careful what you eat and please only apply small pressure top the front crowns, DO not bit hard surfaces such as apples as if they chip, we will not replace them for FREE. They will NOT just chip on their own as this is impossible.

Q, I want perfect gums and perfect teeth, my teeth are offline now can you make them central?

A, Maybe, in some cases this can be possible, but we can only work with what you have in your mouth now, your natural anatomy dictates what we can do, if you want perfect gums then we recommend Gum contouring and Gum Curettage

Q, what is gum curettage?

A, this procedure will clean your gums and inside the gums around the teeth, this will enhance the appearance and is good for gum disease or someone who has poor oral hygiene, it can also help prevent infection after treatment.

Q, what is Gum Contouring?

A, this procedure will create a neater line on the gums so your new crowns can look much more uniform and neater. If you have teeth that are higher than others, then gum contouring can create a neater look. In some cases, a Gum Graft may be required where your gums have receded too much

Q, what is Gum Graft?

A, this procedure is where we can replace receded gum, three weeks is required for this procedure or a revisit.

Q, Will I feel any remorse when I have had preparation?

A, possibly but it's very normal, wait a few days when you see your new smile and you will wonder why you didn't do it years ago.

Q, Will it feel normal straight after treatment?

A, No. it will not feel normal, it takes time to get used to the bite, look, feel of the crowns. You may bite your cheek etc, but this again is normal, these are brand new and not your teeth, you have to get use to them and learn how to use them. Its essential to take care and be careful as chipping is most likely to occur in the first 12 month due to you not being used to the new crowns. Our guarantee does not cover in the event you chip your crowns.

Q, Will I be in any pain during or after the procedure?

A, During the procedure then no, maybe a little sensitivity but no pain, you will have local anaesthetic. After the procedure then it's difficult to say, some people say yes, and some say no. We guess it depends on your pain threshold really. It is very likely you will have some pain or discomfort at some point, and this can last on and off up to 6 months at worst case. It's perfectly normal to have pain and discomfort, in rare occasions you may experience headaches, but this is not often. The pain is caused due to your mouth being open at preparation stage in an unnatural position. It will not last forever

Q, Can I be put to sleep during the preparation of Crowns?

A, Yes, we can do general anaesthetic and there is a cost for this as it requires the procedure to be performed in hospital and not at our clinic. However, people will diabetes, Heart problems, Lung problems, or any illness that can make a general anaesthetic risky then the answer is no.

Q, how long do I Need to stay in Antalya?

A, 7 days, this is due to the procedure being completed within 5 in most cases and then we would like a day or so just in case you need any adjustments.

Q, Can I design my own smile?

A, No sorry it's not as simple as that. Your new smile is very much dictated by the size, distance apart, and your natural anatomy. We can certainly work towards achieving what you want but please understand that we are dentist and very good, but we can only work with what your jaw and natural teeth give us to work with

Q, Will my new crowns fit close to my gums?

A, Yes, in most cases it does. In some cases where you have gum disease you may notice that as the gum swelling goes down or as the gum disease reduces that a small gap may emerge between the crown and gum. This is perfectly normal and in time the gum and crown will eventually meet. It's important to ensure you clean daily this area to reduce any food impact infection. Brushing up and down will help close the gap. In other cases where the gum was swollen during moulds being taken you may see a very small gap, again this is normal and brushing up and down over time will help close this gap.

Q, Will I experience any abscess or infection after treatment?

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A, in most cases no you won't, in some thought it is possible to experience an infection, visit the dentist and ask for antibiotics, once cleared no further treatment should be required

Q, Will a UK dentist see me after treatment?

A, YES. Any UK dentist will still treat you even if you have crowns just as if you had crowns done at a UK dentist.

Q, Do the team speak English?

A, Yes, we have English speaking staff, but remember they are still Turkish and the dialect sometimes they may not understand so speak slow and clear and do not use local terms as they won't know what they are

Q, Am I ok to fly home after treatment?

A, yes of course, you do not require a fit for fly certificate after dental treatment. But the flight may cause some discomfort due to pressure so have paracetamol to hand just in case.

Q, what happens if I need more treatment once home?

A, you will need to return to Turkey as we do not have a UK clinic, the clinic does not meet the cost of any travel expenses if you need to return for repairs or further treatment. We offer dental treatment only and not travel or hotels. You are choosing to travel to turkey for treatment.

Q, if I have any issues once home what happens?

A, we ask for you to fully check your new teeth prior to allowing the clinic to cement them in, if they are cemented and you have agreed then you decide you don't like them, we will not replace them. If you do not like them at clinic you must say, and we can make the adjustments that you require.

Q, Will I spend all my time at the clinic?

A, No, generally just two visits. First visit is around 6 hours as you need to wait for temporary teeth, and this can take up to 6 hours and then the second visit is around 2.5 hours. You may need to wait if we have other patients being treated, so it could be longer.

Q, Can I eat prior to my first appointment?

A, Yes, you must eat some food prior to your first appointment, or you will feel faint after treatment.

Q, Can I drink alcohol prior to my appointment?

A, NO! you are having local anaesthetic, which is an adrenaline, we do not want thin blood on the day of treatment. Do not drink any alcohol, if you are intoxicated, we may refuse treatment and ask you to return the following day which may result in you being required to stay extra time in Turkey to finish treatment.

Q, Should I brush as normal prior to treatment?

A, absolutely, we want your gums to be as healthy as possible to ensure a perfect fit to the gum so brushing three times a day 1 week prior and using mouthwash is mandatory to ensure you have the best outcome. If you arrive at clinic with dirty teeth, then we may refuse treatment. VERY good oral hygiene must be observed prior to treatment.

Q, Do I need a night guard?

A, no this isn't essential; however, we do recommend that you purchase one whilst at clinic. Grinding your teeth and biting hard is a natural process we go through at night, some sever some not so severe, this is where chipping is most likely to happen, a night guard can help prevent the teeth chipping. Our guarantee does NOT. Cover in the event you chip your teeth for any reason, and you will be responsible for the repair. This can be requested at your first appointment and the additional cost is £65, off the shelf night guards are not worth the money.

Q, what happens if I need additional treatment and have to return or if I need a repair? Does the clinic pay for my travel and hotel?

A, we offer treatment on a treatment only basis, if you need to return for additional work then the cost is on you. We work in the same way as if you went to a clinic 50 miles away from where you live, that clinic won't pay for your travel etc. whilst we do our very best to ensure no one would ever need to return, we are working on a moving and living part of the body and changes can happen from one day to the next. For example, an x-ray may show no infection today, but tomorrow signs of an infection could appear. One of the downfalls in travelling to another country for treatment is that if you need to return it will cost. Repair etc are FREE and we do not charge for those, as long as they fall within our guarantee, we will put anything right and ensure you have the perfect smile.

Q, Can the clinic extract teeth?

A, yes of course, however, when extracting any teeth there is a small chance that the bone isn't strong enough to support the gum so a small gap can appear above or below the crown. This gap should fill over time but will require you to manipulate the gum into the gap. To prevent this, we would prefer that you have any teeth extracted 3 weeks prior to treatment. We will not replace any crowns if this happens and it would require time to fix itself, we are not responsible for any loss of bone.

This list isn't exhaustive and we ask that you do your own research prior to having any dental treatment, it's important to understand that if you need to return for repairs or other dental work that we are not responsible for your travel cost.

The choice to travel to a foreign country for treatment is yours, cosmetic dental Antalya offer treatment only and not travel or hotel, we will not meet the cost if you are required to return for any reason, whilst we will always do our utmost to ensure you will never need to return its unfortunate that on some occasions patients will need to, just as you may if you were at a local clinic. Only 4% of patients have issues that need corrections so the risk or needing to return is low.

I _____ can confirm that I have read and understand ALL 5 PAGES OF the FAQ prior to making any booking with cosmetic dental Antalya. FAQ are available on www.cosmeticdentalantalya.co.uk for viewing at any time.

Patient Signature:

Date:

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